



OSHER LIFELONG LEARNING INSTITUTE

at the University of Michigan

www.olliumich.org

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Fall 2010 Catalog

Lifelong Learning for ages 50 and Up

FALL TERM AT A GLANCE BY SUBJECT AND START DATE

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* new OLLI faculty member

CURRENT EVENTS

CURRENT EVENTS SECTION I

Format: readings, group discussion

This is a discussion group for people about events at the local, national, and global level. Each member of this group takes a turn at choosing a topic of interest and presenting it for group discussion. No materials or special expertise required. Just bring an open mind and a good sense of humor. Robert Hammonds is a long-time member of OLLI and has led this section of Current Events for numerous years.

9/14-6/21/11	Weekly
Tuesday	3:00-5:00PM
TSRC	Fee: \$30
Robert Hammonds	Limit: 20

CURRENT EVENTS SECTION II

Format: readings, group discussion

This discussion group is for people interested in what's happening at the local, national, and global level. All opinions receive a courteous hearing. No materials or special expertise required. Just bring an open mind and a good sense of humor.

9/8-8/31	Weekly
Wednesday	3:00-5:00PM
TSRC	Fee: \$30
Norm McIver	Limit: 20

THE POLITICS OF IRRATIONALITY

Format: readings, group discussion

We live in a time of great tension. These tensions are fed by the mass media, cable news, and the internet – all of these shoulder the blame for the current hysteria that plagues us. Though these are relatively new parts of our culture, the current wave of irrationality is a recurrent phenomenon in the history of American politics. In our course, we plan to discuss this cultural condition, explore its roots and relate it to some of the institutional peculiarities of our politics. The basic text will be Richard Hofstadter's classic *Anti-Intellectualism in American Life*. Hofstadter, arguably the greatest historian of the United States after the death of Henry Adams in 1918, was an extremely graceful writer, who won his second Pulitzer Prize for this study. He explores anti-intellectualism in religion, business, politics, and education, all placed in a broader setting. It is important to remember that the irrationality he writes about has not been historically confined to any one party or ideological stance, but is a frequently occurring feature of American politics. This is a long but very readable book and we suggest that you get a head start on the reading before the first meeting of the class. It can be ordered at Borders or from Amazon.com. (We may also distribute some supplementary materials in class.) The course outline will be available in the Turner Center office three weeks prior to the first class meeting. Jim Young is Professor Emeritus at the State University of New York (Binghamton) and is a visiting scholar at UofM. Larry Berlin retired from the School of Education, UofM.

9/15-11/3	Weekly
Wednesday	1:00-3:00PM
TSRC	Fee: \$30
Jim Young and Larry Berlin	Limit: 20

photos. Each month, members of the group can travel the world through the lens of others' cameras. Camera Club is led by Beverly Chethik and Jon Stinson, both long-time OLLI members.

9/8-7/6	Monthly
Wednesday	1:00-3:00PM
TSRC	Fee: \$30
Beverly Chethik and Jon Stinson	Limit: 20

MONDAY ART

Format: hands-on experience, DVD viewing

Anyone interested in art is invited to join this friendly group. Participants will work on their own projects and obtain assistance, if needed, from Barbara Anderson. Ms. Anderson has been leading this class for several years. Participants can learn new techniques, watch art DVDs, have lunch together and immerse in art with like-minded people. Any art medium is acceptable, but please bring your own materials.

9/13-8/29	Weekly
Monday	11:30AM-3:00PM
TSRC	Fee: \$30
Barbara Anderson	Limit: 16

VISUAL CULTURE IN WEIMAR BERLIN

Format: lecture, group discussion

“The culture in the Weimar period (1919–1933) was in continuous, tense interaction with society, an expression and criticism of political realities”, wrote historian Peter Gay. Participants will learn about the period’s visual arts including painting, graphic art, sculpture, architecture, industrial design, photography and motion pictures. The autonomy of art and its relation to mass culture, urbanization, new technology and the changing role of women will also be discussed. The class will be presented by Roger Green, the scion of refugees from Berlin, has from childhood been fascinated by the city. He has lived, worked and studied in Berlin, where he researched his doctoral dissertation about Haus Vaterland, a mammoth amusement facility of the 1920s and a precursor of Disneyland.

9/17-12/17	Weekly
Friday	1:30-3:00PM
TSRC	Fee: \$30
Roger Green	Limit: 20

FILM STUDIES GROUP

Format: multimedia viewing, group discussion

Movie enthusiasts will select, view, and discuss a film at each session. These films may be American or foreign, works of a particular director, actor or genre. Focus will be on films that have had limited distribution and are worthy of discussion, as well as award winners. The class will be led by Shirley Sirotkin, a fellow movie enthusiast.

9/21-5/17	Bi-weekly
Tuesday (2nd and 4th)	1:00-3:30PM
Sirotkin Residence*	Fee: \$30
Shirley Sirotkin	Limit: 20

*call 734-998-9351 or 998-9357 for address

HISTORY

THE WAR OF 1812 IN THE “OLD NORTHWEST”

Format: lecture

One may remember the tired joke, “In what year did the War of 1812 begin?” All we remember of that first declared war of the United States are blunders and disasters on land, “Old Ironsides” and glory at sea, and Jimmy Driftwood's song about Andy Jackson at the Battle of New Orleans. Very rarely does one remember what happened in his own back yard — missteps and calamities aplenty, a glorious naval victory, and “Tippecanoe” Harrison's decisive battle that crushed the redcoats – all within a half-day's drive from here. Tom Collier is a retired UofM military historian.

9/13-9/27	Weekly
Monday	10:30AM-12:00PM
Clarion Hotel Ballroom	Fee: \$30
Tom Collier	Limit: 50

OUR TOWN: ANN ARBOR – FROM PLEISTOCENE TO “THE ROCK”

Format: lecture, group discussion

Six local experts will present the history and lore of Ann Arbor from its earliest rocks to “the Rock”. The program includes: The Geology of Washtenaw County (by John Russell); Women and Education in the 19th Century (by Susan Nenadic); the Underground Railroad (by Carol Mull); Historic Architecture (by Grace Shackman); the Ann Arbor Railroad (by Dave Harrell); and City Parks, the Airport and “the Rock” (by Al Gallup).

9/14-10/26	Weekly
Tuesday	1:00-3:00PM
University Commons	Fee: \$25
Gail Hubbard	Limit: 20

PSYCHOLOGY OF GENOCIDES

Format: lecture, readings

As a forensic psychiatrist and Professor at WSU, Dr. Emanuel Tanay has examined hundreds of homicide perpetrators and written a book on the subject. As a Holocaust survivor, he has explored the psycho-social factors that lead to genocidal behavior. The course will cover varieties of homicidal behavior. There will be a short review of various genocides, with primary focus on genocide of the Jews in WWII. Participants may find it helpful to read the following books: *The Anatomy of Human Destructiveness* by Erich Fromm, *The Coming of the Third Reich* by Richard J. Evans and *Faith and Fratricide* by Rosemary Ruether.

10/4-11/8	Weekly
Monday	10:00AM-12:00PM
First Presbyterian Church of Ann Arbor	Fee: \$25
Emanuel Tanay	Limit: 20

HOW THE NAZI HOLOCAUST SHAPES THE ISRAELI-PALESTINIAN CONFLICT

Format: readings, group discussion

This year-long discussion series utilizes a series of feature and documentary DVDs and assigned readings to examine Jewish assimilation into 1930s German society, the impact of the Nazi Holocaust, establishment and growth of present-day Israel, and its conflict with the Palestinians. A syllabus will be available, online, at www.univliving.com. The class will be led by Richard C. Adelman, who is Emeritus Professor of Biological Chemistry and a Past Director of the Institute of Gerontology, University of Michigan; Past President,

Gerontological Society of America; Past Chair, U.S. Department of Veterans Affairs, National Advisory Committee on Geriatrics & Gerontology; and presently is Director of University Relations at University Living.

10/12-4/12	Varies
Tuesday	7:00-8:30PM
University Living	Fee: \$30
Richard Adelman	Limit: 25

INTERGENERATIONAL ACTIVITIES

CREATING POP-UP BOOKS AND CARDS

Format: hands-on participation

Become familiar with paper engineering while constructing a ‘burrito book’, which will encompass some pop-up card techniques. Participants will create buildings, animals, and other surprises from simple cuts and folds that open to form a three dimensional image. Hone your spatial reasoning skills with this limitlessly creative activity.

Impressive techniques for future projects may also be gained.

9/11	One Session
Saturday	10:00-11:30AM
The Scrap Box	Fee: \$15 adult; \$5 child
Format: Hands-on participation	Limit: 25

CREATING HALLOWEEN MASKS

Format: hands-on participation

In this class, participants will explore many ways to incorporate recyclables into playful alternatives to “store-bought” costumes and alter egos. The discussion will include the multicultural use of masks worldwide and how Halloween in America, a beloved and sometimes controversial celebration, has become a melding of diverse beliefs, ancient customs, and personal expression.

10/2	One Session
Saturday	10:00-11:30AM
The Scrap Box	Fee: \$15 adult; \$5 child
Scrap Box Staff	Limit: 25

CREATING KALEIDOSCOPES

Format: hands-on participation

Coined in 1817, the word “kaleidoscope” derives from the Greek words “kalos,” for beautiful, “eidos” for shape, and “skopeō” for the observation of beautiful forms. Participants will design and craft kaleidoscopes from recyclable materials, discussing the scientific principles of reflection, refraction and symmetry. Though this popular toy was invented in the early 1800’s, it is still relevant in an “Upcycle” way. Instructors will emphasize green-thinking techniques during the construction process.

11/13	One Session
Saturday	10:00-11:30AM
The Scrap Box	Fee: \$15 adult; \$5 child
Format: Hands-on participation	Limit: 25

CREATING JEWELRY AND ORNAMENTS

Format: hands-on participation

In this class, participants can project their unique style into handcrafted jewelry. Learn some trade techniques and how to breathe life into recyclable materials by making them into works of art. In this class participants will find the unseen beauty in everyday objects.

12/4	One Session
Saturday	10:00-11:30AM
The Scrap Box	Fee: \$15 adult; \$5 child
Nels Nelson	Limit: 25

LANGUAGES

ADVANCED CONVERSATIONAL FRENCH

Format: lecture, readings, conversation practice

Participants will enhance their conversational French in this class. In addition, there will be discussions on French history and culture. Each student needs to bring a personal copy of the text, **Better Reading French** by Annie Heminway. Pre-requisite: ability to speak some French. Jim McMurtrie learned French as a child, thanks to his French mother, and has traveled to France many times.

9/14-12/14	Weekly
Tuesday	1:00-2:30PM
Sunrise Assisted Living	Fee: \$30
Jim McMurtrie	Limit: 15

ADVANCED FRENCH

Format: lecture, readings, conversation practice

The first hour of each session is divided into two parts. The first part will be oral work, free conversation, and structured conversation on specific areas of French vocabulary. The second part will be grammar, concentrating on a quick review of previously studied structures: pronoun substitution, formation of the negative and continuation of the study of the subjunctive. The second hour will be a discussion of Pagnol's Trilogy: **Marius, Fanny and Adele**. Adele McCarus taught French at Tappan Middle School and earned a Master's Degree in Political Science. She has taught Advanced French courses at OLLI for several years.

9/16-11/4	Weekly
Thursday	12:30-2:30PM
TSRC	Fee: \$25
Adele McCarus	Limit: 15

INTERMEDIATE AND ADVANCED GERMAN CONVERSATION

Format: lecture, readings, conversation practice

This is a continuation of the course from Winter 2010, but newcomers are welcome. The emphasis will be on speaking and conversation. The textbook is **Themen aktuell Kursbuch 1** (ISBN #978-3-19-001690-7) and its workbook (ISBN #978-3-19-251690-0). The accompanying two disks are highly recommended (ISBN# 978-3-19-031690-8). If you own a PC, a disk is in the back of the textbook and doesn't need to be purchased separately. All are published by Hueber. Renate Gerulaitis is Professor Emeritus of German language and literature at Oakland University.

9/14-12/14	Weekly
Tuesday	1:00-3:00PM
TSRC	Fee: \$30
Renate Gerulaitis	Limit: 12

INTERMEDIATE SPANISH

Format: lecture, readings, conversation practice

If you studied Spanish in the past and want to increase your ability to speak, read and understand the language, you will find this class to be very helpful. It will include oral practice, grammar exercises and reading. Please bring the following books: *Complete Spanish Grammar* by Hilda Nissenberg and *Better Reading Spanish* by Jean Yates. The class presenter, Jeanne Van Ochten, has taught several years of Spanish classes at OLLI and taught high school Spanish.

9/15-11/17	Weekly
Wednesday	3:00-4:30PM
TSRC	Fee: \$30
Jeanne Van Ochten	Limit: 16

LITERATURE

HOMER'S ILIAD

Format: reading, group discussion

This study group will do a close reading and discussion of Robert Fagle's translation of the *Iliad*. The main focus will be on the characters and what they tell us about life, death and war. The class will also look at forms and devices of epic poetry. Marilyn Scott is a retired lecturer from UofM and Community High School.

9/14-10/26	Weekly
Tuesday	9:30-11:30AM
TSRC	Fee: \$30
Marilyn Scott	Limit: 20

CHAUCER'S CANTERBURY TALES

Format: readings, class discussion

Participants will read a selection of *Chaucer's Canterbury Tales* and discuss his sources, manuscripts, and the literary and social contexts of the tales. Readings will be in modern English, but participants will also use a parallel text edition. Required book is Geoffrey Chaucer, *The Canterbury Tales* by David Wright. Details of parallel text edition will be available at first session. The class will be led by Frances McSparran, Professor Emeritus at UofM.

9/15-10/27	Weekly
Wednesday	10:00AM-12:00PM
University Commons	Fee: \$30
Frances McSparran	Limit: 20

DAS NIBELUNGENLIED/LAY OF THE NIBELUNGS

Format: Readings, group discussion

The Nibelungenlied, the German national medieval epic combines such contradictory elements as the pagan warrior ethic and Christian courtly conventions, myth and history. Two Fritz Lang silent movies, *Siegfried and Kriemhild's Revenge* which cast a Nazi biased view on the epic will be viewed. The text is *German Epic Poetry*, ed. by Francis G. Gentry and James K. Walter (New York: Continuum, 1995) of which pages 1-8 should be read for the first meeting. Max E. Noordhoorn, who taught German Language and Literature at Albion College, will be the instructor.

9/16-10/28	Weekly
Thursday	1:00-3:00PM
First Presbyterian Church of Ann Arbor	Fee: \$30
Max Noordhoorn	Limit: 20

CRITICAL READING

Format: readings, group discussion

Each week two short stories are examined in great detail. On occasion, there will be sessions on poetry or other literature. The text is *The Oxford Book of American Literature*, edited by Joyce Carol Oates. Enrollment is capped at sixteen with priority registration given to continuing members. New enrollees are welcome. Bill Helfer and Irma Sklenar are long-time OLLI members and facilitators of this study group. Bernard Van't Hul is Professor Emeritus at UofM's English department.

9/17-12/10	Weekly
Friday	1:30-3:30PM
TSRC	Fee: \$25
Bill Helfer, Irma Sklenar and Bernard Van't Hul	Limit: 16

THREE MEXICAN WOMEN WRITERS

Format: readings, group discussion

Participants in this class will be introduced to three well-known Mexican writers, Elena Garro (1920-1998), Rosario Castellanos (1926-1947), and Elena Poniatowska (1932--). Elena Garro's novel, *Recollection of Things to Come* (Los Recuerdos Del Porvenir, 1963) has been considered one of the most important Mexican novels of the 20th century. With the Mexican Revolution (1910) and the Cristeros Rebellion (1926-1929) as background, the novel is a meditation on the meaning of time in a small Mexican town. Rosario Castellanos in her book *The Nine Guardians*, (Balún Canán, 1957) looks into the period of Lázaro Cárdenas' presidency, (1934-1940) and its impact on the state of Chiapas. Castellanos, a well known poet, author and essayist died prematurely in an accident in Tel Aviv where she was Mexico's Ambassador. Elena Poniatowska, a journalist, novelist, short-story writer, and essayist, is the author of several testimonial narratives. Widely known and translated into many languages, the socially conscious Poniatowska recreates in *Dear Diego, Quiela Embraces You* (Querido Diego, Te Quiere Quiela, 1978) the love and relationship between Diego Rivera, the Mexican painter, and Angelina Beloff, a Russian painter exiled in France. As always, the class will be based on the close reading of the texts and analysis of their cultural, historical and literary characteristics. The first reading will be Elena Garro's novel; it would help if you could come to the first class with some reading done, such as the first 50 pages. Books may be ordered through Barnes and Noble and Borders book stores. Eliana Moya-Raggio is Professor Emeritus at UofM.

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9/20-11/8	Weekly
Monday	3:00-5:00PM
TSRC	Fee: \$30
Eliana Moya-Raggio	Limit: 20

PROSE VERSUS POETRY

Format: readings, group discussion

Participants will discuss the ultimately unanswerable question, “What distinguishes prose from poetry?” The class will be taught by Bernard Van’t Hul, Professor Emeritus in the UofM English department. Prof. Van’t Hul will introduce the question but not lecture on it. He will provide short “take-home” handouts along with samples of poetry from The New Yorker Magazine, and both poems and excerpts from essays by well-known English and American poets to “on” the “poetry question.” Professor Van’t Hul, retired more than 15 years ago. On the UM English faculty he was on the editorial staff of the Middle-English Dictionary (10 years); he was the Director of Introductory Composition (4 years); and over the decades he taught graduate and undergraduate courses in Old & Middle English language & literature, as in fiction and contemporary poetry.

10/20-11/3	Weekly
Wednesday	10:00-11:30AM
TSRC	Fee: \$20
Bernard Van’t Hul	Limit: 12

THE TANGLED FIRE OF WILLIAM FAULKNER

Format: group discussion, readings

This course will reveal the life and works of William Faulkner, who many consider America’s greatest author. Richard Miller will lead the discussion of Faulkner’s writing style and the interpretation of his major works, including: *The Sound and the Fury*, *As I Lay Dying*, *Absalom, Absalom!*, *Light in August*, *Go Down Moses* and others. No prior reading of these works before the first session is required. Participants will be reading a few short stories and articles between classes. Richard Miller is a long-time member of OLLI.

11/3-12/15	Weekly
Wednesday	3:00-4:30PM
Brecon Village	Fee: \$25
Richard Miller	Limit: 20

MUSIC

LEARNING TO LOVE OPERA

Format: DVD viewing, discussion, lectures, performance

This popular program continues into the New York Metropolitan Opera (Met) 2010-2011 season. Participants will study and view eleven HD broadcasts of live Met performances at local movie theaters. Discussions will be based upon DVDs of similar operas, occasional guest lectures and in-person performances by UofM faculty and students. The syllabus is available at www.univliving.com. The class will be led by Richard C. Adelman, Professor Emeritus at UofM.

9/19-5/16	Various
Sunday and other days	7:00PM-10:00PM
University Living	Fee: \$30
Richard Adelman	Limit: 30

SURVEY AND DEVELOPMENT OF THE MUSICAL

Format: media viewing, group discussion

Participants will begin by looking at the sources of the American musical, starting with the European influence, Yiddish theater, vaudeville and African-American contributions. The rest of the class will be a survey of the chronological works of the most popular American composers, lyricists and performers, such as Victor Herbert, Cole Porter, Irving Berlin, Jerome Kern, George and Ira Gershwin, Rogers and Hammerstein, Lerner and Lowe, and Stephen Sondheim. The class will be led by Barbara Mackey, who has taught college level theatre classes. Barbara Mackey received her PhD in theatre history in 2006 from Bowling Green State University. She also studied theatre at the University of Michigan and Penn State University. She taught musical theatre as part of a survey of theatre history. Note: Dates are different from that in the printed catalog.

10/20-12/1	Weekly
Wednesday	10:00AM-12:00PM
Brookhaven	Fee: \$30
Barbara Mackey	Limit: 20

MUSIC OF ASIA

Format: Multimedia presentation

Here is an opportunity to experience the traditional music of East and Southeast Asia through audio and visual recordings. The class will be presented by William Malm, who taught world music at UofM from 1960 to 1994, was director of the Stearns Collection of Musical Instruments, and has written several books on Asian music, particularly the music of Japan. He won a UofM award for excellence in undergraduate teaching.

10/6 and 10/20	Bi-monthly
Wednesday	10:00AM-12:00PM
TSRC	Fee: \$15
William Malm	Limit: 20

PERFORMING ARTS

ABOUT TOWN WITH OLLI

Format: Watching performances, group discussion

Too many quiet nights and weekends at home? OLLI offers exciting opportunities to meet interesting people while enjoying the year-round dining and cultural events that Ann Arbor has to offer. There will be an organizational meeting on September 9, 2010 at the TSRC from 7:00-8:00PM. For these events, you are responsible for any ticket fees and meal costs, where noted, prior to or after each event. The events being offered for this year-long series are listed below. The registration fee for the year is \$15.

ALL THAT JAZZ

This ever-evolving music genre continues to draw on local and regional cultures, and gives rise to many distinctive styles. Jazz historian and longtime OLLI teacher, Hazen Schumacher, and Dale Magee will be facilitators at each of the following events: 10/6—Easy Street Jazz Band; 10/10—Phil Ogilvie's Rhythm Kings; 10/11—Paul Keller Orchestra; 11/2—Easy Street Jazz band; 11/7—Phil Ogilvie's Rhythm Kings;

9/9-TBA	Varies
Various days	7:00 or 8:00PM
Venue TBA	Ticket price: Usually free
Facilitator TBA	Limit: 15 (Restaurant reservations limited to first 10 for each show)

PERSONAL FINANCE

STOCK OPTIONS (DERIVATIVES)

Format: lecture, group discussion

Stock options can be described as the Brussels sprouts of investing: once one develops a taste for them, one grows to love them. This class discusses types of stock options, determinants of premium prices, and the purpose of options. Tom Lawson, an active member of the Certified Financial Planner Board of Standards, currently serves as a FINRA/NASD, non-public (industry) arbitrator and is author of the *Money Management Manual* (2009).

10/19	One Session
Tuesday	10:00AM-11:30AM
University Living	Fee: \$15
Tom Lawson	Limit: 20

MAXIMIZING INCOME INVESTMENTS

Format: lecture, group discussion

This class discusses types of investments, risks associated with income securities, determinants of interest rates, risk associated with income investments, and portfolio management.

10/26	One Session
Tuesday	10:00AM-11:30AM
University Living	Fee: \$15
Tom Lawson	Limit: 20

PERSONAL IMPROVEMENT

INTRODUCTION TO BRIDGE

Format: lecture, hands-on experience

Want to learn bridge in a relaxed atmosphere? This class is for people new to bridge or who haven't played in several years. It is a continuation of the course given last spring. New students are also invited, as class will begin with a review. Text is Audrey Grant's book, *Bridge Basics I, An Introduction* and move on to *Bridge Basics II*. Both books may be ordered from the instructor, prior to the first session, for \$10 each. Order books when registering. Pay for books at the first session. Jan Stephens is an Audrey Grant certified teacher.

9/15-10/27	Weekly
Wednesday	9:30-12:00AM
First Presbyterian Church of Ann Arbor	Fee: \$30
Jan Stephens	Limit: 20

MAH-JONGG

Format: lecture, hands-on experience

Mah-jongg has achieved a resurgence in popularity. Resembling gin rummy in the collection of sets and runs, Mah-jongg uses colorful tiles instead of playing cards. This class will be based on the Asian method of Mah-Jongg. Stuart Baggeley has held administrative positions at the UofM and the private sector. He has taught Mah-Jongg in the area for several years.

11/2-12/7	Weekly
Tuesday	9:30-11:30AM
TSRC	Fee: \$25
Stuart Baggeley	Limit: 12

MINDFULNESS

Format: lecture, class discussion

“You can’t turn back the clock, but you can rewind it,” according to Bonnie Prudden. The practice of Mindfulness is a powerful way to meet the challenges and promises of aging. Mike Murray, a licensed clinical psychologist and former Catholic priest, will explain how to attain it. Mr. Murray has been researching and practicing Mindfulness Meditation for over forty years.

9/14-10/26	Weekly
Tuesday	10:00AM-12:00PM
TSRC	Fee: \$30
Mike Murray	Limit: 12

MINDFULNESS: CURE OR HEALING?

Format: lecture, class discussion

“The facts of our lives are not as important as our attitudes toward them,” according to Victor Frankl. Suffering arrives in innumerable guises: stress, anxiety, depression, behavior problems, interpersonal conflict, confusion, despair. Mindfulness has long been used to lessen the sting of life’s difficulties, especially those that are self-imposed. Discover the power of Mindfulness to heal and to create greater happiness in your life. Sessions include a period of Meditation. Mike Murray, a licensed psychologist, has practiced Mindfulness Meditation for over fifty years and uses it in his clinical practice.

11/1-12/6	Weekly
Monday	10:00AM-12:00PM
TSRC	Fee: \$30
Mike Murray	Limit: 12

ALTERNATIVE METHODS FOR HEALING PAIN, ANXIETY AND DEPRESSION

Format: lecture, classroom demonstration

There are now alternative methods of healing. Karen Jones will share: 1) problems caused by misalignment of the spine and corrective measures; 2) pain reduction exercises, the importance of fluid flow for bathing and calming nerve cells; and 3) gaining insight into body bio-chemistry and learning what contributes to anxiety and depression. Participants experiencing pain can volunteer for a mini-treatment during the class. The presenter, Karen Jones is a registered occupational therapist who specializes in healing trauma and pain.

9/21-10/19	Weekly
Tuesday	3:15-5:15pm
TSRC	Fee: \$30
Karen Jones	Limit: 20

POWER OF PERSONAL RESOURCES WEBINAR PART I

Format: webinar, readings, discussion

This course talks about how one's inner resources may be used to deal with significant life challenges. We often ignore the wisdom-of-the-body, powerful inner resources that should be used more often, especially when facing a serious challenge. Marc Lerner, who has helped people cope with chronic illnesses and disabilities for over 25 years, will present the class. Learn how to avoid limiting thoughts, control self-image, and connect to the wisdom-of-the-body. The class is a webinar, in which participants will dial into a bridge line from home. An e-book, *A Healthy Way to be Sick* (\$9.95) by Mr. Lerner will also be used. The bridge number and e-book URL will be provided after registration.

10/21-11/4	Weekly
Thursday	2:00-3:30PM
Webinar	Fee: \$20
Marc Lerner	Limit: None

POWER OF PERSONAL RESOURCES PART II

Format: webinar, readings, discussion

Marc Lerner will explain how to develop habits to control self image, create self trust and gain the ability to avoid limiting thoughts. Includes guided practice of twenty-five experiential techniques that integrate these skills into everyday life. As in Part I, the class will dial into a bridge line and use a second e-book, *A Healthy Way to be Sick-Part 2* (\$9.95) by Mr. Lerner. The bridge number and e-book URL will be provided after registration.

11/11-12/16	Weekly
Thursday	2:00-3:30PM
Webinar	Fee: \$20
Marc Lerner	Limit: None

PHILOSOPHY

A STROLL WITH WILLIAM JAMES

Format: lecture, readings, group discussion

William James, the American philosopher and psychologist, contributed fascinating insights into understanding ourselves. Participants will read Robert D. Richardson's *William James: In the Maelstrom of American Modernism*, (Houghton Mifflin 2007, paperback) and consider some of what James thought, including how we experience reality, whether we can exercise free will, and what to make of death. Facilitator Dale Franz is a fellow explorer, not an expert, so candid conversation and the tangibles of personal experience are emphasized rather than academic concepts.

11/2-12/14	Weekly
Tuesday	1:00-3:00PM
University Commons	Fee: \$30
Dale Franz	Limit: 20

RELIGION

HINDU RELIGION: PHILOSOPHY AND PRACTICE

Format: lecture, readings

The Hindu religion does not fit the western definition of religion because Hindu concepts of divinity and afterlife are different. The course will discuss the philosophies of the various sects of Hinduism, its concept of divinity and salvation, role of rituals, morality, how it is practiced in India and how it fits into the modern world. The class will be presented by Venkat Lakshminarayan was born in India to Hindu parents and grew up in a Hindu environment. His western education and coming to America exposed him to Christianity. Subsequently, his intellectual curiosity led him to learn about Judaism and Islam, and later, the Hinduism in great detail.

9/16-10/28	Weekly
Thursday	10:00AM-12:00PM
TSRC	Fee: \$30
Venkat Lakshminarayan	Limit: 12

REFORMATIONS

Format: readings, group discussion, lecture

Participants will study the collapse of the papal monopoly on Christianity and the emergence of the various reformed churches established by Luther, Calvin, Zwingli and others. There will be viewing of a lecture course on DVD prior to each day's discussion. Textbook is Denis R. Janz's *A Reformation Reader*, (Minneapolis Fortress Press, 1998, ISBN # 0-8006-3180-3). This book is easiest to obtain from Amazon. Leo Gerulaitis is Professor Emeritus of History at Oakland University.

9/21-12/21	Weekly
Tuesday	3:00-5:00PM
University Commons	Fee: \$30
Leo Gerulaitis	Limit: 20

SCIENCE

SCIENTIFIC ANOMALIES

Format: readings, group discussion

Scientific anomalies are events that appear inconsistent with established scientific ideas. Examples include UFO reports, near death experiences, extrasensory perception, precognition, unconventional healing and haunted houses. This class will largely repeat last spring's highly popular class. It will examine these and other interesting cases in an open-minded manner and encourage active class discussion. Each lecturer has studied these subjects for many years. Wilfred Kincaid and Richard Mann are retired UofM professors and Ron Westrum is retired from Eastern Michigan University (EMU).

9/13-10/18	Weekly
Monday	10:00AM-12:00PM
TSRC	Fee: \$25
Wilfred Kincaid	Limit: 20

HOW THINGS WORK

Format: lecture, group discussion, internet usage

Our modern world is filled with wonderful devices such as digital cameras, the internet, cars, and jet airplanes. How do these, and so many other devices, really work? Hint: it always comes down to some physics principles! Required reading is David Macaulay's *The New Way Things Work* (1988; ISBN 0-395-93847-3). This book is available online for \$8 (including shipping) and may take 2 weeks to get it. Registrants must be able to access the internet. Steve Schewe taught college-level Physics for 32 years.

10/18-12/20	Weekly
Monday	2:00-4:00PM
Brookhaven	Fee: \$35
Steve Schewe	Limit: 20

COMPLICATIONS: A SURGEON'S NOTES ON AN IMPERFECT SCIENCE

Format: readings, active participation

The book, *Complications: A Surgeon's Notes on an Imperfect Science* by Atul Gawande, a surgical resident and staff writer for the *New Yorker*, describes what patients normally do not see in medicine. He depicts the physicians' side of practicing medicine with "constantly changing knowledge, uncertain information and fallible individuals". Gerry Lapidus, class leader, will cover pages 1-34 in the first meeting. Participants are expected to take turns at volunteering to lead the discussion in subsequent weeks. Gerry Lapidus has led OLLI book discussion groups for many years.

11/1-12/6	Weekly
Monday	1:00-3:00PM
TSRC	Fee: \$25
Gerry Lapidus	Limit: 20

SOCIAL SCIENCES

INTELLIGENCE AND HOW TO GET IT

Format: readings, active participation

Conventional wisdom says that intelligence is inherited, but there is growing evidence that there is much more at play. This book by Richard Nisbett, a psychology professor at UofM, shows how heredity can be almost completely overwhelmed by social, cultural and economic conditions. The class will be led by Gerry Lapidus, who will cover chapters 1 and 2 in the first week. Participants are expected to take turns at volunteering to lead the discussion in subsequent weeks. Gerry Lapidus has led OLLI book discussion groups for many years.

9/13-10/11	Weekly
Monday	1:00-3:00PM
TSRC	Fee: \$25
Gerry Lapidus	Limit: 20

CHILDHOOD PLAY AND THE PLAYERS

Format: lecture, group discussion

Explore the internal life of young children as they cope with issues such as divorce, death of a parent, shyness and tantrums. Mort Chethik will show through case studies how child and therapist engage through the medium of play, enabling the therapist to provide insight and change. In addition, explore how play continues throughout adult life and is linked to creativity and capacity for intimacy. Mort Chethik is Professor Emeritus of the Department of

Psychiatry at UofM. He is currently a member of the Michigan Psychoanalytic Society and author of *Techniques of Child Psychotherapy* (Guilford press, 1989)

11/10-12/15	Weekly
Wednesday	1:30-3:00PM
TSRC	Fee: \$30
Mort Chethik	Limit: 20

WRITING

WRITERS UNLIMITED

Format: writing, reading, group discussion

Each week, writers bring in typed copies of their short stories, plays, poems, novels, essays or freelance magazine articles. Group mates offer friendly and appreciative criticism on all aspects of writing in order to improve the writer's submission and chances of publication. This group meets year-round. For twenty-three years, Joy Rome was a Senior Lecturer in Business Communication and Languages.

9/10-8/26	Weekly
Friday	10:00AM-12:00PM
TSRC	Fee: \$30
Joy Rome	Limit: 15

WRITING MEMOIRS

Format: writing, reading, group discussion

Participants will write about the people, events and interests that have been part of their lives. They will bring their writings to the group, read them aloud, and we will discuss their work. The discussions tend to be lively, often amusing and hopefully helpful to the writer. They often elicit memories among other members of the group. The class will be given by Zibby Oneal, a writer who has made use of memories in her own work.

9/16-12/16	Weekly
Thursday	10:00-11:30AM
TSRC	Fee: \$30
Zibby Oneal	Limit: 12

WRITING MEMOIRS AND PERSONAL ESSAYS

Format: writing, reading, group discussion

This is an on-going OLLI writing group and most of its members have been in it for several years. The class entails writing memoirs without specific assignments, reading aloud written work, and making suggestions for clarification or further development. Narrative techniques – the development of characters, setting, and dialogue – are used to tell one's stories in a way that, if well told, may be meaningful to others. The important thing is to find one's voice and, in the process, discover more about oneself. Helen Hill is Professor Emeritus at EMU.

9/16-6/9	Weekly
Thursday	2:30-4:30PM
TSRC	Fee: \$30
Helen Hill	Limit: 14

Go to Event Registration form : http://www.olliumich.org/pdf/Registration_Form_2010.pdf